TYPE OF PUBLICATION

**Title in the submission language, up to 15 words: Verdana Font - Size 12, uppercase only at the beginning of the title and for proper nouns**

(The instructions in GREY should be removed and replaced by the text of the article)

Observe the maximum number of words for each type of article, available in the [Standards and Instructions](https://objn.uff.br/normas-e-instrucoes/#formatacao) for the authors.

**ABSTRACT** (In the language in which the article is submitted, up to 200 words)

**Objective:** Begin the text with a verb in the infinitive. **Method:** Write the text. **Results:** Write the text. **Conclusion:** Write the text. More information is available in <https://objn.uff.br/normas-e-instrucoes/#resumo>

**Descriptors**: From three to six descriptors, extracted from DeCS (<https://decs.bvsalud.org/>) or from MeSH (<https://www.ncbi.nlm.nih.gov/mesh/>). Separate each descriptor with semicolons and use uppercase for the initial letter of each word, except for articles and prepositions. All the descriptors should be in the same language as the manuscript.

**INTRODUCTION**

It should be clear and objective, presenting the relevance of the study and also the knowledge gap, with updated references (last five years at the most). Pay attention to the specific guidelines corresponding to each method and their requirements for the problematization. The objective(s) should be described at the end of the section, as described in the Abstract.

The file format should be .doc or .docx (Microsoft Word), 2.5 margins, A4 size, 1.5 line spacing and Verdana Font (Size 10), except for the Tables. The text should not be divided into sections indicated by letters or numbers. Examples: a), b-, 1., 2-, 3). The subtitles should be in bold type and only have the initial letter of each word in upper case. Acronyms and abbreviations shall be presented in full when first cited in the text, accompanied by the short form, and they should not be used in the abstract or in the title, except for international acronyms in this latter case. Example: ICNP.

The manuscript title should present the Research Design (METHOD) used, preferably at the end, and preceded by a colon. The title and/or objective should not include names of municipalities (except for capital cities), macro-regions or countries.

Words and terms in the English language should be in italics.

The manuscript text should not be paged or have paragraph indentations.

The citations to references in the text should respect the order in which they appear and be numbered consecutively with Arabic numbers, in superscript and between parentheses, without mentioning the authors' names (except those that constitute a theoretical framework). When they are sequential, indicate the first and last number separated by a hyphen. Example: (1-3); and, when interspersed, separate them with commas: (2-4,5).

Direct quotes should be described in between quotation marks, respecting their sequence in the text.

**METHOD**

**Highlight the subtitles in bold type**

The subdivisions should follow the *guidelines* corresponding to each method, as described in the “[**Guides for presenting the text**](https://objn.uff.br/normas-e-instrucoes/#guias)**”** topic (<https://www.equator-network.org/>).

The data collection date must be indicated and limited to **UP TO 3 YEARS BEFORE** the SUBMISSION DATE.

In case of research studies involving human beings or animals, indicate in the text if the study was approved by a Research Ethics Committee (REC) and report the opinion number. The REC opinion number should be sent when submitting the manuscript in ScholarOne.

**RESULTS**

**The subtitles (if any) should be in bold type**

The results should be described in a clear and concise way, presenting a description of the data found without including interpretations, comments or comparisons. The description of tables and figures cannot be repeated.

Quotes from empirical data, such as interviews, should be presented in a new line, in their own block distinct from the normal text, in italics and without quotation marks, with simple line spacing and 2 cm indentation from the left margin. It is mandatory to code each testimony at its end, in between parenthesis and with no italics. Single line spacing should be considered between one statement and another.

The manuscript can include tables, charts or figures to ease understanding. The manuscript text should highlight or complement the most important aspects, without repeating the data already presented in the tables or figures.

**Graphical elements**

For Tables or Figures, indicate the source when they were prepared by the authors or even adapted or extracted from another document. A maximum of six Tables and/or Figures is allowed.

The source (Authorship) corresponding to all Tables and Figures should be in Size 9, 1.5 line spacing and not in bold type, and should only be included in cases of authorship and adaptation from third parties. It will not be necessary to include the Source when the non-textual resources are prepared by the manuscript authors themselves.

Charts, drawings, schemes, flowcharts and graphs are considered as Figures and, therefore, they should be called “Figure” in the text.

The charts should have internal lines and be closed at the sides, whereas the Tables should be open at the sides, have no internal lines and use single line spacing. Tables should only have lines above and below the header, as well as in their last line. All Tables should be prepared using Microsoft Word's table tool. The internal header of Tables should be in bold type.

Any and all photographs that allow identifying a person should be submitted along with the image right authorization. Graphs and photographs should be legible and clear.

Drawings, schemes and flowcharts shall be prepared with appropriate tools, preferably with the intervention of a Graphic Arts professional.

Footnotes to Figures should be restricted to the minimum possible.

All Figures and Tables should be mentioned in the text before they appear. Example: Table 1.

All figures should have a minimum resolution of 900 DPI (Dots Per Inch) and, whenever possible, they should be editable and have a maximum size of 16x10 cm.

The titles of the Tables and Figures should include the city, the state abbreviation, the country and the data collection year. For the studies that included participants, the title should also indicate the number of study subjects, for example: (n=15).

In the case of Figures, include the title below the image/chart.

The keys and diverse information referring Figures, Tables, Etc., should appear immediately after them, before the data source (Authorship).

Non-textual resources should also be submitted in .doc or .docx format, separately from the manuscript.

**Table 1** – Informative, concise and clear title. City, state abbreviation, country, data collection year

|  |  |  |
| --- | --- | --- |
| **Higher Education School** | **New students** | **Undergraduate students** |
| University YUniversity X | 110150 | 10390 |

Source: Adapted from fictitious data, merely for illustrative purposes.

**DISCUSSION**

**The subtitles (if any) should be in bold type**

It should be limited to the results described in the text. Highlight original aspects of the study. Present agreement and divergence points with other studies. Describe the study LIMITATIONS and IMPLICATIONS for the advancement of science and the Health and Nursing areas.

**CONCLUSION**

It should respond to the study objectives in a clear and objective way. Do not include citations. It should be limited to the study results. Finally, point out the study CONTRIBUTIONS.

**REFERENCES**

1. Follow the Vancouver style recommendations, according to the guidelines available in the National Library of Medicine website ([www.nlm.nih.gov/bsd/uniform\_requirements.html](http://www.nlm.nih.gov/bsd/uniform_requirements.html)).

2. They should be numbered according to the order in which they were cited in the text.

3. Do not use Microsoft Word's automatic numbering format (“numbered list”).

3. The journals' names should be abbreviated according to the List of Journals Indexed for MEDLINE (<https://www.ncbi.nlm.nih.gov/nlmcatalog/journals>). National and Latin American journals should have their titles abbreviated according to the Portal of Health Science Scientific Journals of the Virtual Health Library (<http://portal.revistas.bvs.br/>).

4. Adopt single line spacing, Size 10 font, justified and with single spacing between each reference.

5. Articles published in more than one language should be referenced in ENGLISH.

6. The references should be updated (from the last 5 years), save for historical or review articles, which enjoy exceptional authorization.

7. For review articles, the phrase “[included in the review]” should be written at the end of the references resulting from the review process.

8. Indicate the access link or DOI at the end of all references cited in the manuscript.

9. Prioritize including the DOIs corresponding to the articles, in case they are active.

10. There are no limits in terms of references, provided that the number of words for each type of article is respected ([https://objn.uff.br/normas-e-instrucoes/#formatacao](https://objn.uff.br/normas-e-instrucoes/%22%20%5Cl%20%22formatacao)).

11. With the exception of articles with DOI, the other references should include the citation dates in the same language as the manuscript. Use “citado” (for Portuguese and Spanish) and “cited” (for English).

12. In the references with a link, adopt “Available from” for the English language, “Disponível em” for Portuguese and “Disponible en” for Spanish.

12. There should be no duplicate references.

13. Example of a standard article with DOI:

Magnago C, Pierantoni CR, França T, Garcia AC, Ney MS, Matsumoto K. The influence of family health strategy on health indicators in the municipalities of Rio de Janeiro, Brazil. Online Braz J Nur. 2011;10(1). <https://doi.org/10.5935/1676-4285.20113211>

14. Example of standard article without DOI:

Lima DVM. Design of research: a contribution for authors. Online Braz J Nurs [Internet]. 2011 [cited 2022 sep 11];10(2). Available in: <http://www.objnursing.uff.br/index.php/nursing/article/view/3648>